



WHOLE GRAIN DOG TREATS

YIELDS: DEPENDENT ON SIZE OF COOKIE CUTTER

Don't forget our fur babies also need a treat when we are out and about on adventures. These little cookies are hearty, travel well and are pet approved. They can even be eaten by pet parents (in a pinch) but maybe with some cheese or nut butter to make them a little more palatable for human taste buds.



Ingredients

- 200g pumpkin purée
- 70g peanut butter or roasted cashew butter
- 20g flax meal
- 55g water
- 400g Anita's Organic Stoneground Spelt Flour
- 10g dried parsley (or 20g fresh)
- 10g nutritional yeast

Instructions

1. Preheat the oven to 325F and line a baking sheet with parchment paper.
2. Into the bowl of a stand mixer add the pumpkin purée, nut butter, flax meal and water. Use the paddle attachment and beat the mixture until fully incorporated.
3. Add the flour, parsley and nutritional yeast to the wet mixture and mix on slow speed for a few minutes until the mixture comes together to form a smooth dough ball. If it's too dry add some extra water or oat milk.
4. Place the dough on a lightly floured surface and roll out to ¼ inch thickness. Use a cookie cutter to cut out shapes in the dough and place them on the lined baking sheet. Reroll the dough and continue cutting out shapes until all the dough has been used up.
5. Bake in the preheated oven for 20 to 25 minutes until lightly golden brown.
6. Allow to cool on the baking sheet for 5 minutes and then transfer to a wire rack to cool completely.

NOTE

- The size of cookie cutter you choose will depend on the size of your dog. Reduce or increase the cooking time according to the size you choose.

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