



ANCIENT GRAIN PANCAKES

YIELDS: DEPENDENT ON SIZE OF PANCAKES & WAFFLES

These ancient grain pancakes made with Kamut and Spelt are a nutritious and simple way to start any day!



Ingredients

- 1 cup Anita's Organic Ancient Grain Pancake & Waffle Mix
- 1 egg
- 3/4 - 1 cup milk of choice
- 1 tsp vanilla
- 1 tbsp oil, optional

Instructions

1. In a medium-sized bowl beat egg until frothy, add milk of choice, vanilla, and ancient grain mix. Stir until combined. Optional add oil to batter.
2. Pour 1/4 cup of batter onto pre-heated, greased griddle and cook until bubbles form on top, flip and cook until golden brown.
3. Serve hot with your toppings of choice, like butter, maple syrup, and fresh fruit.

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